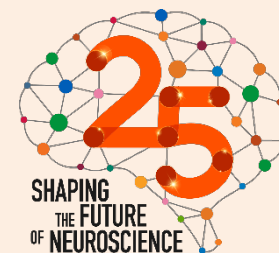


# Embracing the Challenges in the Parenting Journey of a Child on the Autism Spectrum

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# Hello 😊

Nael Eysa  
Born in 2020

Cared at home by helper  
Watches TV >6 hours daily  
Attended pre-school from  
20 months



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We missed the warning signs...

🍓 all day  
everyday



Now nael is  
arranging his  
sticks in a  
line. Or at  
least, tried. 😂



Nael showing his  
interpretation of the  
Straight Line



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# Early Days of Pre-Diagnosis

- ~ 25 months
- Regression in speech +  
Repetitive behaviors
- Tried to hurt baby  
brother
- COVID halted access to  
services



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# Goal-Setting



## Diagnosis

- Identify needs and support level

## Communication

- Impressed that he may be on non-verbal track
- Achieving **effective** two-way communication



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# Embracing Challenges

Waiting time for intervention school

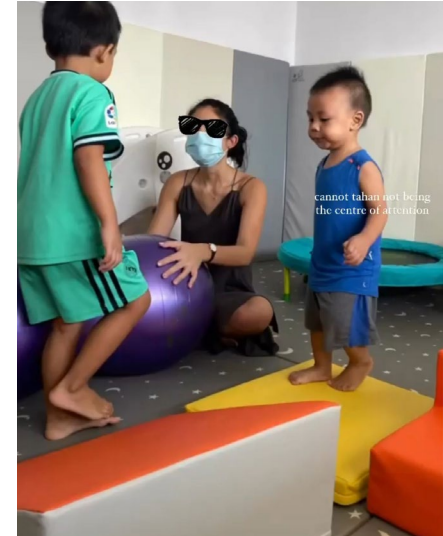
- Private EIP since 2020 October
- Graduated **YESTERDAY!** 😊

Supplementary activities to do

- Table Nights: Literacy / Numeracy / Penmanship / Reading
- Home Gym

Additional support for therapy

- Speech / occupational therapy
- Alternate in centre and at home
- Social class



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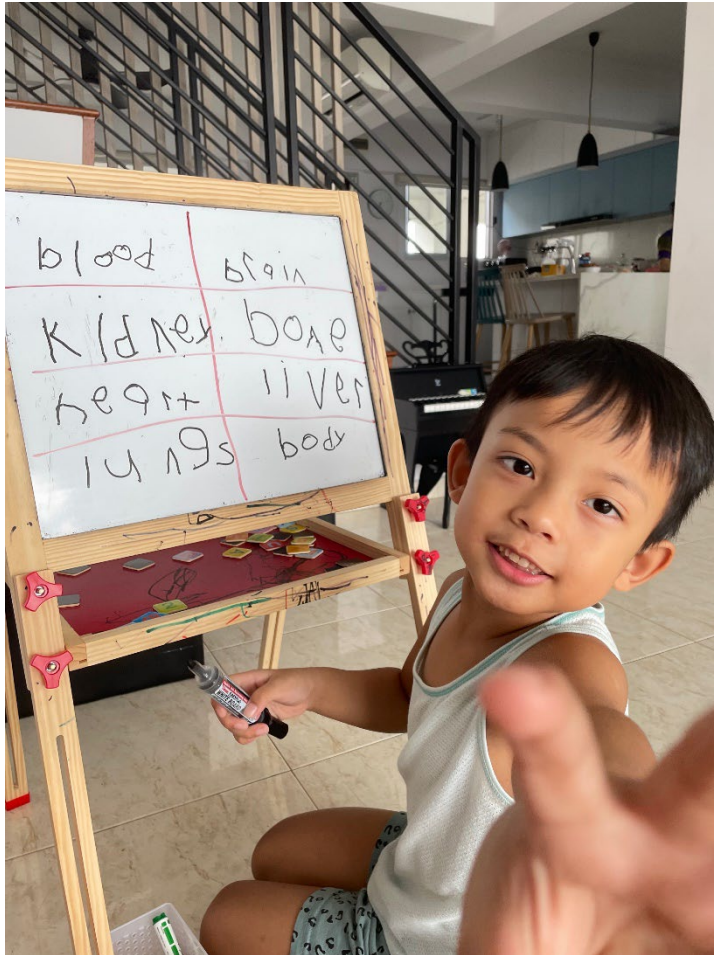
# Sign Language for ~1 year



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# Acceptance & Adjustment



**Commitment** to routine  
Eliminate screen time  
Focus on child's strengths, interests  
Celebrate every milestone

## **Working Responsibilities**

Flexi hours  
Communicated priorities and goals with workplace supervisors  
Partnership with spouse

## **Mental Health**

Self care is NOT SELFISH  
Seeking help does not = failure  
Burnout prevention



# Build your Village

Family  
Friends  
Neighbors  
Teachers  
Therapists

Sharing of experiences on  
personal social media



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**Thank You**



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